



GREEN MOUNTAIN

PARTNERS FOR HEALTH

Flu Shots and Dr. Francavilla Saves a Baby at the Zoo!

September 2019
Newsletter

Flu Shots



Flu Shots Now Available!

According to the CDC everyone age 6 months and older should get a flu vaccine every season. It is ideal to get the flu vaccine before the end of October, but still worth getting at any point in flu season. The “flu” is not just a “cold” but a severe respiratory illness that can lead to hospitalization and even death (thousands die from the flu yearly). The flu shot is strongly recommended for people with diabetes, with a lung disease such as asthma, or other health conditions. We can accommodate drop-ins for flu shots or you can ask at your next appointment. (please note if you have Medicaid for your insurance you will need to get the flu shot through the health department at this time (<https://www.jeffco.us/2143/Influenza>)).



Dr. Francavilla Saves a Baby at the Zoo!

On August 10th Dr. Francavilla responded to a newborn baby who had stopped breathing while at the zoo with her family. Dr. Francavilla and an off duty paramedic performed CPR for 12 minutes while waiting for an ambulance to arrive. The baby has recovered well and Dr. Francavilla, the paramedic and the baby's family got to reunite while walking to raise money and awareness for Congenital Heart Disease.

Check out the full story here <https://denver.cbslocal.com/2019/09/22/hadley-riggs-denver-zoo-heroes-heart-walk/> and

here: <https://www.denverpost.com/2019/09/23/denver-zoo-infant-rescue/>



Did You Know?

We see kids too!

Speaking of babies.... Did you know we see kids too? We see children including newborns, grade-schoolers, and teenagers. Imagine a one stop shop for the whole family! This past week Dr. Sapp, Dr. Saul, and Dr. Francavilla joined the fun at the school carnival at Meiklejohn Elementary where we helped kids make healthy choices by signing a health pledge.

Online booking

You can book online with your doctor at <https://greenmountainpartnersforhealth.com/>. This is often the quickest way to schedule- you have access to all open time slots and can book 24/7. If you need to be seen urgently please always feel free to call our office so we can get you in within 24 hours. We can almost always squeeze you in and avoid an Urgent Care visit.

Telehealth Visits

Did you know we offer telehealth visits with your doctor? When you book online or call for your next appointment feel free to ask for this option and skip the parking and waiting room!

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